



Warning Signs of Infidelity

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1. FINANCES

- Secretive about income and expenses
- Using cash transactions more often
- Odd receipts, bills, or packages have appeared
- Using new credit cards
- Substantial sums of money missing
- Has given you unexpected gifts

2. SECRECY

- Strange phone numbers have appeared on caller ID
- Has PO box or mail drop
- Has closed or moved accounts, safe deposit box
- Important family documents missing
- Unexplained gifts, jewelry, flowers
- Evasive answers or contradictory information
- Cell phone bill is hidden

3. INTERNET/MEDIA

- Late hours on internet
- Large amount of time online
- Clears history before signing out
- Opened new email accounts
- Changes screen when you enter room
- Visits chat rooms, message boards, online dating
- Increased viewing of TV and movies; especially those with romantic storylines
- Computer passwords changed or added
- Tastes in music, radio have changed

4. SCHEDULE

- Frequent unexplained whereabouts
- Odd or unpredictable work hours
- Less time with children
- Increased reasons to be out for the evening
- Weak excuses for missing family events
- Last-minute schedule changes

- Calls often to check on your whereabouts
- Claims to be out with "the girls/boys" more often
- Showers first thing upon returning home

5. TRAVEL

- New, increased, or unexplained business travel
- Excessive mileage on car
- Business trips on weekends
- Travels with men/women
- Takes road trips with female/male friends
- Cancels or shortens family or couple vacations

6. HOSTILITY

- Defensive when asked questions
- Accuses you of being paranoid
- Suggests you need counseling
- Resists or refuses marriage counseling
- Your faults becoming big issues
- Increasingly argumentative
- Has threatened to leave
- Has threatened or assaulted you
- Becoming more distant, withdrawn

7. NEW IMAGE

- Sudden change in appearance, more youthful
- Increase in tanning, skin treatments, manicures
- Diet, treatments, or surgery for weight loss
- Getting massages
- New wardrobe, new style
- Working out at gym
- New hair color, cut, style
- Cosmetic surgery
- Change in drinking habits
- Use of illegal substances

8. DISCONNECTING WITH YOU

- Substantial decline in intimacy
- Distinct change in nightwear
- Decrease in affection (handholding, kisses, eye contact)
- Has dropped or changed terms of endearment
- Diminished conversation
- Doesn't take or return your

- calls; difficult to reach
- Claims to need some "space"
- You've been diagnosed with a STD

9. DISCONNECTING WITH OTHERS

- Decrease in family interaction and traditions
- Has hired nanny or babysitter for more hours
- Won't participate in religious activities
- Reduced association with former friends or extended family
- Not interested in fun activities they used to enjoy

10. NEW CONNECTIONS

- Has new job, new client, or new work team
- Has new set of friends
- Associates with singles (both never-married and divorced)
- Wearing new perfume/cologne
- Taking evening classes
- New friends have different values from her former life
- Traces of alcohol, tobacco, incense, marijuana
- New cell phone or pager
- Receives or sends text messages at odd times
- Slips into another room to take calls
- Checks messages then deletes quickly
- Keeps cell phone on "silent"

11. BRAZEN BEHAVIOR

- Flirtatious behavior toward others
- Alludes to possible affair
- Mentions past relationships
- Mistakenly calls you by another name
- Has left evidence of new activities/interests in car
- Discusses and defends infidelities of others
- Has purchased new lingerie
- Wears seductive clothing when out with friends